



Danube University Krems  
**Summerschool**  
**HEALTHY HERBS**

Experience a Phytotherapeutic Approach against  
Antimicrobial Resistances

September 8th – 12th, 2021  
Dr.-Karl-Dorrek-Straße 30; A – 3500 Krems



Co-funded by the  
Erasmus+ Programme  
of the European Union



UNIVERSITÀ  
DEGLI STUDI  
FIRENZE



CHARITÉ

Professur und Hochschulambulanz  
für Naturheilkunde

**September 8<sup>th</sup>, 2021****AWARENESS DAY**

9.00 am – 9.30 am REGISTRATION

09.30 am – 10.00 am

**Welcome, Keynote**

Prim. Assoc. Prof. Dr. Andrea Zauner-Dungl

10.00 am – 11.00 am

**AURES – Reporting AMR Surveillance in Austria**

Prim. Univ.-Prof. Dr. Petra Apfalter, DTMH

11.00 am – 11.30 am BREAK

11.30 – noon

**Phytotherapy in clinical management**

Univ.-Prof. Dr. med. Andreas Michalsen

noon – 01.00 pm

**Quality Management of Medicinal Plants**

Dr. Oliver Vendl

01.00 pm – 02.00 pm LUNCH BREAK

02.00 pm – 03.00 pm

**From Feeding Medicine to Antibiotic Flow Recording**

Mag. Kurt Frühwirt

03.00 pm – 03.30 pm BREAK

03.30 pm – 04.00 pm

**Study search: Where and how to search for evidence-based literature**

Mag. PhDr. Dr. Christine Schauhuber

04.00 pm – 5.00 pm

**Guided e-learning session, Part 1**

Mariella Seel, BA MSc

**September 9<sup>th</sup>, 2021****TRADITIONAL USE DAY 1**

09.30 am – 10.00 am

**“Plant Breakfast”**

10.00 am – 11.00 am

**Important Ingredients of Medicinal Plants**

Ao. Univ.-Prof. Mag. Dr. Sabine Glasl-Tazreiter

11.00 am – 11.30 am BREAK

11.30 am – noon

**Sacred and Diabolical Herbs for Common Cold – Monastery Medicine**

Univ.-Prof. Dr. med. Dr. rer. nat. Bernhard Uehleke

noon – 01.00 pm

**Essential oils and their impact against multiresistant bacteria and quorum sensing**

Ass.-Prof. Mag. pharm. Dr. Iris Stappen

01.00 pm – 02.00 pm LUNCH BREAK

02.00 pm – 03.00 pm

**Reading a Monograph**

Univ.-Prof. Dr. med. Dr. rer. nat. Bernhard Uehleke

03.00 pm – 03.30 pm BREAK

03.30 pm – 05.00 pm

**WORKSHOP: “The Art of Prescription”, Wrap Therapy**

Mag. pharm. Claudia Dungal-Hochleitner, MSc &amp; Dr. Oliver Vendl

05.00 pm – open end

**Self-Study Session: Case Studies**

**September 10<sup>th</sup>, 2021****TRADITIONAL USE DAY 2**

09.30 am – 10.00 am

**“Plant Breakfast”**

10.00 am – 11.00 am

**The Potential of Echinacea sp.**

Priv.-Doz. Mag. Dr. Karin Ardjomand-Wölkart

11.00 am – 11.30 am BREAK

11.00 am – noon

**Current Studies and Cases I**

Dr. med. Rainer Stange

noon – 01.00 pm

**Over The Counter Phytotherapy - Challenges and Opportunities**

Mag. Robert Welzel, MBA

01.00 pm – 02.00 pm LUNCH BREAK

02.00 pm – 03.00 pm

**From Galen to Galenics – Properties of Herbal Drugs for the Respiratory Tract**

Prof. Dr. Anna Rita Bilia

03.00 pm – 03.30 pm BREAK

03.30 pm – 04.30 pm

**The Monographs**

Univ.-Prof. Dr. med. Dr. rer. nat. Bernhard Uehleke

04.30 pm – 05.00 pm

**Guided e-learning session, Part 2**

Mariella Seel, BA MSc

**September 11<sup>th</sup>, 2021****SCIENCE DAY**

09.30 am – 10.00 am	<b>“Plant Breakfast”</b>
10.00 am – 11.00 am	<b>Current Studies and Cases II</b> Dr. med. Rainer Stange

**11.00 am – 11.30 am BREAK**

11.30 am - noon	<b>Healthy Google – What about Health Apps</b> Dr. med. Christian Maté
noon – 01.00 pm	<b>Challenges and Safety of Nanotechnology</b> Prof. Dr. Anna Rita Bilia

**01.00 pm – 02.00 pm LUNCH BREAK**

02.00 pm – 3.00 pm	<b>WORKSHOP: Healthy Google</b> Dr. med. Christian Maté
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**03.00 pm – 03.30 pm BREAK**

03.30 pm – 05.00pm	<b>WORKSHOP: “Gels, Ointments and other Galenics”</b> Mag. Claudia Dungal-Hochleitner, MSc & Dr. Oliver Vendl
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**September 12<sup>th</sup>, 2021****PUBLIC HEALTH DAY**

09.30 am – 10.00 am

**“Plant Breakfast”**

10.00 am – 11.00 am

**SURPRISE WORKSHOP: Be Part Of A Study**

Univ.-Prof. Dr. med. Dr. rer. nat. Bernhard Uehleke

11.00 am – 11.30 am BREAK

11.30 am – noon

**The Loss of Health Literacy from a Health Sociology Perspective**

Mariella Seel, BA MSc

01.00 pm – 02.00 pm LUNCH BREAK

02.00 pm – 03.00 pm

**Presentation and Examination***(subject to change)*

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More information and registration:

<https://www.donau-uni.ac.at/en/university/faculties/health-medicine/departments/health-sciences-medicine-research/centers/traditional-chinese-medicine-and-complementary-medicine/news-events/events/2021/summerschool-healthy-herbs.html>



Get in contact with us!

[healthy.herbs@donau-uni.ac.at](mailto:healthy.herbs@donau-uni.ac.at)

**We are looking forward to welcoming you in Krems!**

